



## WHAT IS FOOD FOR THOUGHT DENVER?

Food for Thought Denver is a 100% volunteer organization that strives to eliminate weekend hunger for school children living in the Denver area. While most of our food recipients qualify for free and reduced breakfast and lunch programs during the school week, many of them do not have enough to eat on the weekends. As a result, we have set forth on one simple mission — fill this weekend hunger gap. Each Friday, individuals, students and corporate volunteers gather to fill PowerSacks. Each bag contains enough non-perishable food items to feed a family of four for the weekend. The bags are then distributed to the students on Friday afternoons to take home to their families. Our vision is to ultimately live in a community where weekend hunger is no longer a roadblock in a child's path to success.

**1 in 11** Coloradans struggle with hunger



**1 in 7** kids in CO are unsure where they will get their next meal



**NEARLY 55,000**

kids in the Denver metro area qualify for the free and reduced lunch program

**596,150**



**NUMBER OF FOOD INSECURE PEOPLE LIVING IN COLORADO**

IN DENVER, 54% OR NEARLY 70,000 CHILDREN LIVE IN 'FOOD DESERTS'

## OUR UNIQUE APPROACH

Our organization is structured to keep our overhead costs to a bare minimum so we can channel our donation dollars directly to the needs of our student recipients and their families. Since we are completely a volunteer-based organization, we have no employees and pay no salaries. Overhead costs are generously covered by our board of directors and other supporters.



## WAYS TO GET INVOLVED

Food For Thought relies on volunteers, generous donors, companies and organizations who provide support throughout the school year. Here's how you can help!

### 1 ADOPT A SCHOOL

We pair your company with a school in need and your volunteers just show up at the school site. Food For Thought Denver does the rest: Food ordering, trucking and volunteer logistics, if needed. Cost \$4 per child per week = average school cost of \$60K per year. Check out our heat map to see which school needs your help: [foodforthoughtdenver.org/fft-target-map](https://foodforthoughtdenver.org/fft-target-map)

### 2 MAKE A DONATION

Making your tax deductible donation to Food for Thought Denver is as easy as going to this page on our website and following the instructions: <https://foodforthoughtdenver.org/donate>

### 3 PACK FOOD

Food packing offers a hands on experience with a minimal time commitment. Volunteer opportunities for individuals or groups are available on Friday mornings at two locations: 1) Metro State University in Denver and 2) Food for Thought East in Aurora. More details are available here: <https://foodforthoughtdenver.org/volunteer>

### 4 RIDE A BIKE

Each year, The CE Shop Foundation hosts a annual bike ride to raise funds for Food for Thought Denver. Most recently, the team participated in the Elephant Rock Cycling Festival and is doing it again this June. This a great way for entire families to support our cause. **Contact us or click here for date information and registration details. Kids register FREE!**

### 5 PLAY GOLF & EAT AT DEL FRISCO'S

Food For Thought Denver has been chosen as one of the beneficiaries of this year's Del Frisco Golf Experience. Enjoy a great Del Frisco dinner followed by golf the next day.

**Contact us or click here for date information and available foursome and sponsorships opportunities.**

### 6 DRINK COFFEE

Thanks to the generosity of our friends at Magnus Coffee, drinking coffee can help us feed kids. Their coffee is richer and fresher, without the horrible plastic waste that traditional coffee packaging creates. Up to 25% of every retail dollar spent goes to Food for Thought Denver: <https://coffee.roaringplanet.com>

### 7 SPONSOR/ATTEND OUR ROCK-A-BELLY FESTIVAL

Don't miss this fun evening or the craft beer, wine, and food tastings from Denver's top chefs and live music! Corporate sponsorship packages are available for our annual November fundraising event or you can simply buy tickets to attend.

**Contact us or click here for more information. All proceeds help add schools to our program! We offer \$2,500 - \$25,000 sponsorship levels or pay \$50 per person to attend. Event is held at Turnhalle in Tivoli (MSU Student Center)**

**FOR MORE DIRECT CONTACT, CALL BOB BELL: 720-201-9192**

For more information, visit our website at [www.foodforthoughtdenver.org](http://www.foodforthoughtdenver.org). For more direct contact, please our co-founder Bob Bell at 720.201.9192 or email him at: [info@foodforthoughtdenver.org](mailto:info@foodforthoughtdenver.org).