

Getting involved



1 ADOPT A SCHOOL

We pair your company with a school in need and your volunteers just show up at the school site. Food For Thought does the rest: food ordering, trucking and volunteer logistics, if needed.

Cost \$4 per child per week = average school cost of \$30K per year. Check out our heat map to see which school needs YOUR HELP!

foodforthoughtdenver.org/fft-target-map

2 MAKE A DONATION / VOLUNTEER

The current cost for our PowerSack program is \$6,400 per week. Volunteer opportunities for individuals or groups are available on Thursday and Friday mornings at three locations including Metro State University.

3 RUN A MARATHON

Food For Thought has been selected as a Charity Partner for the 2017 Kaiser Permanente Colfax Marathon. Become a Colfax Rock Star and get gifts, recognition and more for exceeding fundraising expectations.

Join us for the Health and Fitness Expo May 19-20, 2017, then take part in the races on Sunday, May 21, 2017. Contact us for more information and registration details.

4 EAT STEAK — PLAY GOLF!

Food For Thought has been chosen as one of the beneficiaries of this year's Del Frisco Golf Experience on October 1-2, 2017. Enjoy a great Del Frisco dinner followed by golf the next day at Glenmoor Country Club.

Contact us for information about available foursomes and sponsorships opportunities.

5 SPONSOR / ATTEND ROCK-A-BELLY

Sponsorship packages are available for our annual fundraising event on November 4th at Turnhalle at MSU Denver. Don't miss this fun evening or the craft beer, food tastings from Denver's top chefs and live music!

All proceeds help add schools to our program! Cost: \$2,500 - \$25,000 for sponsorships, \$50 per ticket to attend.

For more information, please contact Bob Bell at 720.201.9192 or info@foodforthoughtdenver.org.